

Bridging Worlds: The Art and Science of Modern Psychiatry



APRIL 18-19, 2026
HILTON POLARIS
COLUMBUS

Exploring Innovation, Advocacy, and the Future of Psychiatric Care

The OPPA Annual Psychiatric Update is the premier educational event for psychiatric physicians, featuring leading clinicians, researchers, and educators exploring the latest advances in psychiatry. The 2026 program highlights new frontiers in clinical care, neuroscience, psychopharmacology, and advocacy—addressing both emerging science and the realities of modern practice.

Join colleagues for a dynamic, forward-looking meeting that deepens clinical insight and strengthens the future of psychiatric care.

GENERAL INFORMATION

Who Should Attend

This program is designed specifically for Psychiatrists, Residents, Medical Students and other Physicians, including Primary Care and Pediatricians, as well as Psychologists, Nurses, Social Workers, Counselors and other Mental Health Care Professionals.

Registration

The preferred method of registration is online at www.ohiopsychiatry.org/annualpsychupdate. If you register by mail, please complete the registration form on page 10 and send with payment to: Ohio Psychiatric Physicians Association, PO Box 400, Dublin, OH 43017. Make check payable to OPPA. Your registration is not confirmed until payment is received. Non-member psychiatrists who join OPPA/APA by March 1, will receive \$150 applied to OPPA dues (please select this option on the registration form and a representative from OPPA will contact you with further details.)

Hotel Accomodations

A limited number of rooms have been set aside until March 25 at the rate of \$192 single/double, plus applicable tax at the [Hilton Polaris](http://www.hilton.com/en/attend-my-event/cmhpohf-96m-84211f4a-793a-488d-95e9-59565015caff/), 8700 Lyra Drive, Columbus, OH 43240. To reserve a room please contact the hotel ASAP at 1-888-864-8055 and ask for the OPPA's room block or go to <https://www.hilton.com/en/attend-my-event/cmhpohf-96m-84211f4a-793a-488d-95e9-59565015caff/>

Americans with Disabilities Act

If you need assistance related to sight, sound, or mobility, please contact the OPPA office as soon as possible so that we may accommodate reasonable requests.

Syllabus

In an effort to go green, an electronic syllabus will be posted online and made available to every registered attendee prior to the event. We will not be handing out printed copies onsite. If you wish to pre-purchase a printed and bound syllabus the cost is \$15. Please be sure to select this add-on when you register.

Meals

A breakfast and lunch buffet will be provided on Sat., April 18 and a breakfast buffet will be provided on Sun., April 19.

Cancellation Policy

If you are not able to attend, we encourage you to send someone in your place. Refund of the registration fee, minus a \$50 administrative charge will be allowed if request for cancellation is received in writing by Feb. 28, 2026. After this date no refund will be made.

Sponsor a Medical Student

In an effort to give medical students more opportunities to experience psychiatry, including being mentored by a practicing psychiatrist, and receive cutting-edge psychiatric education, the Ohio Psychiatric Physicians Foundation (OPPF) encourages meeting attendees to "sponsor" a medical student by paying the registration fee for a medical student to attend the OPPA Annual Psychiatric Update. This is just one of the ways the OPPF is working to encourage students to consider psychiatry as their specialty.

Your support can be accomplished in one of two ways:

- 1) If you have a specific student whom you wish to sponsor, simply complete the registration form, making sure to include the student's contact information; or
- 2) If you do not have a particular student in mind, we will pair you up with a medical student who has indicated an interest in attending if there is a sponsorship available – simply complete the registration form, leaving that information blank and you will be contacted by the OPPA office closer to the time of the actual meeting. If you are unable to attend the meeting, you may still sponsor a student by making a tax-deductible contribution to the OPPF for this purpose.

In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA.

Medical Students

Students, enrolled in an Ohio medical school program, may apply for a sponsorship by completing the [Medical Student Sponsorship Registration](#). Students will be notified by March 16, 2025 if there is a sponsorship available. Priority will be given to students who have not attended in the past. There will be time at a designated student breakfast to meet with other Ohio medical students and to learn from residents and others about psychiatry residency and career opportunities.

OVERVIEW

Overall Learning Objectives

At the conclusion of this educational event, participants should be able to:

- Incorporate emerging neurobiological, immunologic, and metabolic science—including the gut-brain axis, microbiome dysregulation, incretin signaling, and autoimmune mechanisms—into psychiatric assessment, differential diagnosis, and treatment planning.
- Apply evidence-based diagnostic and treatment frameworks to complex, high-risk, and medically overlapping psychiatric presentations, including autoimmune encephalitis, severe delusional disorders, suicidality, and neurologic mimics of primary psychiatric illness.
- Evaluate and implement current guideline-recommended and emerging treatments while identifying personal knowledge gaps and updating clinical practice in core areas of psychiatry, including psychopharmacology, psychotherapy, and neurobiology.
- Assess clinical, ethical, and risk-management considerations related to novel interventions and technologies—such as GLP-1 receptor agonists, AI chatbots, and red flag laws—to enhance patient safety, documentation, and professional liability protection.
- Engage effectively in mental health advocacy and policy initiatives by understanding APA advocacy structures, Ohio's legislative process, and current federal and state policy priorities impacting psychiatric practice and workforce sustainability.
- Promote patient and physician well-being and safety by recognizing risk factors for suicide, violence, and professional distress, collaborating across disciplines, and facilitating timely access to appropriate clinical and support resources.

Continuing Education

Physicians

In support of improving patient care, this activity has been planned and implemented by the American Psychiatric Association (APA) and the Ohio Psychiatric Physicians Association (OPPA). The American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The American Psychiatric Association designates this live activity, *Bridging Worlds: The Art and Science of Modern Psychiatry* for a maximum of 9.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Evaluation

This educational activity will be evaluated utilizing an online evaluation form to evaluate the effectiveness of the CME activity in meeting the identified educational needs and stated learning objectives in terms of satisfaction, knowledge, skills and any perceived commercial bias. At the conclusion of this educational event, you will be provided with a link to the evaluation form. After completing the evaluation you will be provided with an opportunity to print a certificate for continuing education credit.

CME Certificate

Instructions with an access code for obtaining your CME certificate online, directly from the APA, will be provided during the conference. You will complete an evaluation form online. Once you complete the evaluation and attest to the number of hours of credit you are claiming for this educational event, a certificate will be available for immediate download/printing.

Planning Committee Disclosure

It is the policy of the APA to comply with the ACCME Standards for Commercial Support of CME. Planning committee members and related staff disclosures are on file and disclosed on program materials. Faculty participating in sponsored or jointly provided meetings of the APA are required to disclose to program participants any financial relationships with commercial interests that they (or their spouse/partner) have related to the content of their presentations. Faculty disclosures are identified as a faculty cover sheet with their respective syllabus/handout materials. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

The following individuals of the planning committee have indicated neither they, nor their spouse/partner, have any financial relationship with any commercial source: Nita Bhatt, MD, Karen Jacobs, DO, Victoria Kelly, MD, Poojajeet Khaira, MD, Janet Shaw, MBA, Doug Smith, MD, Kristi Williams, MD, and Heather Wobbe, DO.

SATURDAY, APRIL 18

7:00- 8:30 AM	Registration / Visit exhibits
7:15 - 8:15 AM	Buffet Breakfast
7:15 - 8:15 AM	Medical Student Meeting and Breakfast
7:30 - 8:15 AM	OPPA Annual Business Meeting & Installation of Officers
7:00 AM - 5:00 PM	Poster Displays
8:25 AM	Welcome & Opening Remarks - Karen Jacobs, DO, DLFAPA, 2026 Program Chair
8:30 - 9:45 AM	The Gut Microbiome and its Relationship to Psychiatric Disorders Henry Nasrallah, MD, DLFAPA Professor of Psychiatry, Neurology and Neuroscience, University of Cincinnati College of Medicine The human gut is a host to 39 trillion commensal germs across 5 kingdoms (bacteria, viruses, fungi, protozoa, and archaea) referred to as microbiota, whose genome is called the microbiome and is comprised of 4 million genes (vs only 22,000 in humans). Many factors can influence microbiota including mode of birth, diet, antibiotics, stress, toxins, pets, systemic diseases, and psychiatric disorders. Humans have no microbiota during fetal life and acquire their microbiome as they traverse the mother's vagina during birth. Functions of the gut microbiota include digestion of food, production of short-chain fatty acids by fermenting dietary fiber, immune system development and protection against pathogens, hormone production (especially cortisol by stimulating the HPA axis), and promotion of fat storage. The gut-brain axis is the bidirectional communications between the brain, the microbiota and the enteric nervous system (the second brain lining the gut with 100 million neurons). Dysbiosis, or a disruption of the healthy diversity of the microbiota in the gut (but also the skin, the vagina and the nose) is associated with medical conditions such as IBS, Crohn's Disease, ulcerative colitis, autism and obesity), as well as trans-diagnostically psychiatric disorders including depression, bipolar disorder, schizophrenia, anxiety, ADHD and Alzheimer's Disease. A reduction in the anti-inflammatory butyrate-producing bacteria is seen in psychiatric disorders while pro-inflammatory genera are enriched. Anti-depressants and antipsychotics can improve the microbiota diversity while antibiotics can lead to an increase in the "bad" bacteria. Improving the microbiota can be done with pre-biotics and pro-biotics in diet, such as yogurt, leafy greens, fish and nuts. Experimental treatments include microbiota fecal transplants.
9:45 - 10:15 AM	Break & Visit Exhibits
10:15 - 11:15 AM	Advocacy in Action: Advancing Public Policy for Better Mental Health Care Anita Somani, MD, JD State Representative for Ohio's 8th House District and OBGYN, OhioHealth and Mike Troubh Associate Vice President of Government Relations, American Psychiatric Association During this panel discussion, APA's Associate VP of Government Relations outlines APA's advocacy structure that includes federal and state legislative, the administration and regulation and APA's political action committee. It will provide participants with avenues of engagement at all levels such as meetings with representatives or staff and responding to action alerts and advocacy messages. The session will also summarize the current political landscape and state of play in Congress and identify targeted legislative issues in congress impacting mental health policy. Examples will include growing the mental health workforce, expanding telehealth, implementing integrated care, and sustaining federal funding of mental health and SUD programs. The session will also explore how Federal and state legislative and regulatory actions interact with each other and the implications of policy changes on psychiatry and patients. The session will conclude on the importance of staying engaged and becoming a "constant advocate." During the second part of the session, discussing advocacy from a state perspective, State Rep. Anita Somani, MD, will discuss how physicians in the mental health care space can better advocate for their patients at the state level. It will also have an overview of the current mental health policy landscape in Ohio, and opportunities for improvement in this space. Finally, there will be time for Q + A to allow participants to ask questions about the intersection of mental health and public policy.

SATURDAY, APRIL 18

11:15 AM - 12:15 PM

Repurposing GLP-1 Agents as Treatment and Prevention Strategies in Persons with Mental Disorders

Roger S. McIntyre, MD, FRCPC | Professor of Psychiatry and Pharmacology, University of Toronto, Canada; Chairman and Executive Director, Brain and Cognition Discovery Foundation (BCDF), Toronto, Canada

Mental disorders are complex, severe and debilitating. Therefore, there is a strategic imperative to identify innovative and mechanistically unique agents to treat mental disorders. During the past two decades, pharmacologic, translational, clinical and observational data suggest that incretin dysregulation may contribute to the pathophysiology of mental disorders and targeting these systems may in fact be able to alter the illness trajectory or treat aspects of psychopathology. This session will provide a summary and history of the role of metabolic systems in the pathophysiology of mental disorders with a particular emphasis on the incretin system. This will be followed by a review of available evidence implicating alterations in incretin activity as part of the pathophysiology of mental disorders. The presentation will then briefly summarize available evidence suggesting that targeting the incretin system holds promise to prevent and treat mental disorders in addition to treating other conditions.

12:15 - 1:15 PM

Lunch & Visit Exhibits

1:15 - 2:15 PM

Brainiac Challenge

Similar to APA's national residency team competition known as MindGames, OPPA will host its own version of this fun experience for residents and other participants to test their knowledge on patient care, medical knowledge, and psychiatric history while earning bragging rights for the winning team!

2:15 - 2:45 PM

Break & Visit Exhibits

2:45 - 3:45 PM

Could This Be Autoimmune Encephalitis? A Practical Guide For The Psychiatrist

Julien Cavanagh, MD | Assistant Professor and Associate Division Director, Division of Hospital Neurology, Emory University School of Medicine

Autoimmune encephalitis (AE) straddles the border between neurology and psychiatry, often presenting with abrupt psychosis, catatonia, or cognitive decline that mimics primary psychiatric illness. Yet AE is treatable—and often reversible—if recognized early. This talk reviews how to identify AE in psychiatric and emergency settings, outlines the major antibody subtypes and their pathophysiology, and provides a practical framework for evaluation and empiric treatment. Through clinical vignettes and evidence-based reasoning, it highlights when psychiatrists should suspect AE and act decisively, bridging disciplines to uncover a frequently overlooked and eminently treatable cause of severe neuropsychiatric disease.

3:45 - 4 PM

Break & Visit Exhibits

4 - 5:15 PM

Addressing Gun Violence: Strategies for Psychiatrists

Phillip Resnick, MD, DLFAPA | Professor of Psychiatry at Case Western Reserve University

This session will explore practical strategies and approaches to navigate the intersection of mental illness and firearms. Participants will gain insight into evidence-based risk assessment techniques for gun violence toward others and guns to commit suicide. Participants will also learn documentation methods to reduce malpractice liability. Finally, participants will become familiar with the clinical implications of new Red flag laws.

Bridging Worlds: Bollywood & Hollywood



**SATURDAY, APRIL 18, 2026
BEGINNING AT 6:30 PM
HILTON POLARIS, COLUMBUS**

**\$75
PER PERSON**

**TABLE OF 8
\$575**

Step into an unforgettable evening of Celebration, Culture, and Creativity as two vibrant traditions come together for a night of connection, cuisine, energy and inspiration!



SUNDAY, APRIL 19

7:45- 8:45 AM

Breakfast with The Experts

7:45 - 8:45 AM

Visit Exhibits

9 - 10 AM

Bridging Therapy and AI: Psychiatry's Next Frontier

[Marylynn Wei, MD](#) | Psychiatrist and Psychotherapist, New York, New York

Artificial intelligence is rapidly entering the therapeutic space. An estimated 25 to 50% of people now turn to AI chatbots and companions for emotional support, reshaping relationships and connections, including the therapeutic relationship. This shift introduces profound clinical, ethical, and relational challenges for psychiatrists.

This session will examine the essential issues psychiatrists face as AI systems increasingly intersect with mental health. Dr. Wei will present a balanced, evidence-based framework across four domains of mental health risk: emotional and attachment, reality-testing, crisis and safety, and systemic and ethical issues. Drawing from the latest research, clinical cases, and policy developments, Dr. Wei will highlight how psychiatrists can help patients navigate the benefits and risks of AI chatbots, uphold therapeutic boundaries, and protect privacy in an era when AI systems are becoming confidantes, companions, and clinical tools.

10 - 10:30 AM

Break & Visit Exhibits

10:30 - 11:30 AM

Talking with Myself – Stories of Mental Health

[Shah Jalees, MD](#) | Psychiatrist and Addiction Medicine Specialist, Akron Ohio

Suicide is a complex public health issue influenced by multiple risk factors, including those that uniquely affect physicians. In this presentation, Dr. Jalees shares his personal experience with mental health struggles, illustrating how professional culture, stigma, and self-reliance can delay recognition of distress and help-seeking—even among psychiatrists.

By combining personal narrative with clinical insight, this session highlights key contributors to suicide risk, emphasizes the importance of recognizing one's own mental health needs, and encourages timely access to support and resources. Participants will gain greater awareness of personal vulnerability and increased confidence in seeking help for themselves and their colleagues.

11:30 AM - 12:30 PM

Logic-based care – What do you do When You're Out of Evidence-based Options?

[Erik Messamore, MD, PhD](#) | Associate Professor of Psychiatry, Northeast Ohio Medical University

Psychiatrists frequently encounter patients who do not respond as expected to evidence-based treatments. Deciding what to do next can be challenging.

Dr. Messamore brings extensive clinical experience caring for complex patients who have derived limited benefit from standard psychiatric treatments. This session introduces a practical framework for clinical decision-making when commonly used treatment approaches have been insufficient. Using real-world clinical reasoning, pharmacologic principles, and ethical considerations, the talk explores ways to interpret treatment non-response, plan subsequent treatment strategies thoughtfully, and manage risk in complex cases. Participants will be encouraged to think systematically about care beyond standard algorithms while remaining grounded in sound clinical judgment

SPEAKERS



Julien J. Cavanagh, MD

Julien Cavanagh, MD is an Assistant Professor of Neurology at Emory University and Associate Division Director of Hospital Neurology. A native of France, he earned his medical degree at the University of Paris and completed Psychiatry training at Jules Verne University before moving to the United States for Neurology residency at SUNY and fellowship in Autoimmune Neurology at Harvard. His clinical work focuses on complex inpatient neurology, with interests in neuroimmunology, neuroinfectious disease, and challenging neuro-psychiatric presentations. He is also a medical correspondent for CBC and i24news and completed the Harvard Certification in AI in Healthcare, reflecting additional special interests in technology and medical communication.



Shah A. Jalees, MD

Shah A. Jalees, MD is a board-certified psychiatrist and Associate Professor of Psychiatry at Northeast Ohio Medical University (NEOMED), where he has been on faculty since 2008. He also serves as a Staff Psychiatrist at Summa Health System in Akron, Ohio. Dr. Jalees is board certified in Psychiatry, Addiction Medicine, and Psychosomatic Medicine. He completed his psychiatry residency at Summa/Akron General after prior training in internal medicine and anesthesiology in Pakistan. His clinical and academic interests include addiction medicine, consultation-liaison psychiatry, and medical education. Dr. Jalees has presented research at national meetings of the American Psychiatric Association and has received multiple teaching honors, including "Teacher of the Year" awards in Psychiatry and Family Medicine. Outside of work, he enjoys gardening, cooking, and spending time with his cat, Pluto.



Roger S. McIntyre, MD, FRCPC

Roger McIntyre, MD, is currently a Professor of Psychiatry and Pharmacology at the University of Toronto. He was named by Clarivate Analytics in 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022 and 2023 as one of "The World's Most Influential Scientific Minds". This distinction is given by publishing the largest number of articles that rank among those most frequently cited by researchers globally in 21 broad fields of science and social science during the previous decade. Dr. McIntyre has authored/co-authored more than 1100 articles/manuscripts and has edited and/or co-edited several textbooks on mood disorders. He is involved in multiple research endeavours which primarily aim to characterize the phenomenology, neurobiology, and novel therapeutics of mood disorders. He has been especially interested in identifying innovative, rapid acting psychotropic treatments for mood disorders. Dr. McIntyre's research has also extended into public health and implementation research at the population-based level. He is extensively involved in medical education. He is a highly sought-after speaker at both national and international meetings. He has received several teaching awards from the University of Toronto, Department of Psychiatry and has been a recipient of the joint Canadian Psychiatric Association (CPA) / Council of Psychiatric Continuing Education Award for the Most Outstanding Continuing Education Activity in Psychiatry in Canada. Additionally, he was awarded the Colvin Prize for Outstanding Achievement in Mood Disorders Research from the Brain and Behavior Research Foundation in 2023. Dr. McIntyre has also contributed extensively to clinical practice guidelines. For example, he is the lead author the Florida Best Practice Psychotherapeutic Medication Guidelines for Adults with Major Depressive Disorder and Bipolar Disorder. In addition, he is also the lead author of the International Expert Opinion on the Available Evidence and Implementation of Ketamine and Esketamine in Mood Disorders. Dr. McIntyre is also a contributor to the CANMAT guidelines for the treatment of Depressive Disorders and Bipolar Disorders as well as the Royal Australian and New Zealand College of Psychiatrists Clinical Practice Guidelines for Mood Disorders. He completed his medical degree at Dalhousie University. He received his Psychiatry residency training and Fellowship in Psychiatric Pharmacology at the University of Toronto.



Erik Messamore, MD, PhD

Erik Messamore, MD, PhD is a psychiatric physician, pharmacologist, university professor, and solution-focused scholar. He is a recognized authority in the field of psychiatric medicine. He believes in moving useful mental health information out of library textbooks or academic journals and into the hands of the people who need it. His research has focused on cognition-enhancing drugs and on biomarkers of schizophrenia. He teaches medical students and residents and is a sought-after consultant in cases that involve questions of diagnostic clarification or inadequate response to treatment. He is a seasoned clinician and accomplished scientist, with a passion for improving the lives of those affected by mental illness.

SPEAKERS



Henry A. Nasrallah, MD, DLFAPA

Dr. Henry Nasrallah is a widely recognized neuropsychiatrist, educator and researcher. He served 18 years as chair of psychiatry at The Ohio State and Saint Louis University, and 4 years as Associate Dean at the University of Cincinnati College of Medicine, where he is currently Vice Chair for Faculty Development and Mentorship, Professor of Psychiatry, Neurology and Neuroscience, Medical Director of Neuropsychiatry Program and Director of the Schizophrenia Program. Dr. Nasrallah has published 14 books, 720 scientific articles and 630 abstracts. He is Editor-In-Chief of 3 scientific journals. He is a Distinguished Fellow of the American Psychiatric Association and has received 43 research and teaching awards including National Educator of the Year by the Psychiatric Times and the highest faculty awards at OSU and UC. He is ranked in the top 1% of world researchers in terms of his publications being cited. He established the CURESZ charitable foundation to serve and advocate for the seriously mentally ill and their families. He is listed annually in the book "Best Doctors in America".



Philip Resnick, MD, DLFAPA

Dr. Resnick is a Professor of Psychiatry at Case Western Reserve University School of Medicine in Cleveland, Ohio. He completed his undergraduate and medical training at Case Western Reserve University. His psychiatry residency was at University Hospitals of Cleveland. He was the Director of the Court Psychiatric Clinic for Cleveland, Ohio for 42 years. He served as a consultant in many high-profile cases, including those of Jeffrey Dahmer, Susan Smith, Timothy McVeigh, Andrea Yates, Scott Peterson, Casey Anthony, Nikolas Cruz, Theodore Kaczynski, the Unabomber, and James Holmes, the Aurora, Colorado Batman movie shooter. Dr. Resnick received the Isaac Ray Award for outstanding contributions to forensic psychiatry and psychiatric aspects of jurisprudence from the American Psychiatric Association. He has taught more than 140 courses at annual meetings of the American Psychiatric Association. He was the director of the Forensic Psychiatry Review Course for the American Academy of Psychiatry and the Law for 31 years. Dr. Resnick has served as a distinguished visiting professor at 14 universities and has been on the editorial board of six major journals. He is a past president of the American Academy of Psychiatry and the Law. He has published over 215 articles and book chapters. He has lectured in 49 states and 25 countries.



Anita Somani, MD

Representative Anita Somani, MD, is currently serving her second term as State Representative for Ohio's 8th House District, which includes the cities of Dublin and Worthington. For the last three decades, Dr. Somani has worked in Columbus as a highly respected healthcare professional, currently as an OBGYN at OhioHealth. She earned her M.D. from the Medical College of Ohio and completed her residency in OB/GYN at Mt. Carmel Medical Center in Columbus. She has her certification in Minimally Invasive Gynecologic Surgery (MIGS). Dr. Somani is a past board member of the Columbus Medical Association and Planned Parenthood. She is currently a Board Member of LEAD Ohio. Dr. Somani ran for office because she believes the state of Ohio has lost focus on issues such as health care, public education, public health, and the loosening of gun laws, all of which disproportionately affect marginalized communities. As a physician and legislator, she has used her medical background to improve the public health of our state and to create evidence-based legislation that helps everyone in our community. She serves on the House Medicaid Committee and serves as Ranking Member on the House Health Committee.



Mike Troubh

Mikael Troubh serves as the Government Relations Officer within the Advocacy, Policy, and Practice Advancement Department of the American Psychiatric Association (APA). In this capacity, Mike serves as one of APA's Federal lobbyists and has worked for the organization since 2018. Mike also oversees state legislative strategy in coordination with APA's state legislative team. Prior to joining the APA, Mike worked for the College of American Pathologists for more than 12 years as a lobbyist at both the Federal and State level. He also worked on Capitol Hill and has 30 years of experience in government relations. Mike lives in Silver Spring, Maryland with his wife, Helena, and two kids, Hannah, and Sammy.



MaryLnn Wei, MD, JD

MaryLnn Wei, MD, JD, is a Harvard-trained psychiatrist, psychotherapist, and author based in New York City. Integrating her background in law, ethics, and psychodynamic psychotherapy, she offers a clinical and ethical perspective on the emerging intersection of AI and mental health. A national voice on AI and mental health, Dr. Wei has testified before Congress on the need for greater transparency, accountability, and safety in AI chatbots. Her *Psychology Today* articles have reached nearly four million readers, and her expertise on the psychological benefits and risks of AI has been featured on CBS Mornings, PBS, and Fox Business, among other national outlets. Dr. Wei completed her residency at Harvard Medical School's Massachusetts General Hospital and McLean Hospital, where she served as chief resident and received the Anne Alonso Psychotherapy Award, and maintains an integrative psychiatry and psychotherapy practice in New York City.

REGISTRATION



Register online at
www.oppa.org



614-763-0040



Ohio Psychiatric Physicians Association
PO Box 400
Dublin, OH 43017

1 Contact Information

Name _____

please print

Degree _____ MD _____ DO _____ PhD _____ APN _____ LISW _____ LPCC

_____ Other (please specify) _____

E-mail _____

2 Registration Information

MEMBERS

Registration Type	Early Bird Rate By Feb. 1	Regular Rate	Late Rate After Mar. 30
Annual Psychiatric Update (April 18-19, 2026)			
OPPA Member	<input type="checkbox"/> \$225	<input type="checkbox"/> \$275	<input type="checkbox"/> \$325
OPPA Resident-Fellow Member	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
Saturday Night Event (per person)	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75

Registration Total \$ _____

NON-MEMBERS

Registration Type	Early Bird Rate By Feb. 1	Regular Rate	Late Rate After Mar. 30
Annual Psychiatric Update (April 18-19, 2026)			
Non-Member Psychiatrist, other physician, APRN, Physician Asst. or Psychologist	<input type="checkbox"/> \$375	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450
Non-Member Resident-Fellow	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250	<input type="checkbox"/> \$275
Saturday Night Event (per person)	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75

Registration Total \$ _____

Address _____

City/State/Zip _____

Phone _____

3 Payment Information

Registration Total \$ _____
(from the left)

ADDITIONAL OPTIONS

Saturday Event Sponsorship

I would like to support the OPPA Saturday night event by sponsoring a table (Includes dinner tickets for 8*people). \$575

**OPPA Staff will contact you for names of the individuals sitting at your table.*

Medical Student Sponsorship

I would like to sponsor AND mentor an Ohio Medical Student to attend the OPPA Annual Psychiatric Update, April 18-19, 2026 \$150

I am unable to serve as a mentor during the meeting but would like to sponsor an Ohio Medical Student to attend the OPPA Annual Psychiatric Update, April 18-19, 2026 \$150

I am unable to sponsor a student at this time but would like to serve as a mentor at the OPPA Annual Psychiatric Update, April 18-19, 2026

**To make this a tax deductible contribution see details below*

Student Name _____

Student Email _____

If you do not have the name of a specific medical student, we will be happy to match you with a student who has expressed interest in attending if a sponsorship is available.

Become a Member

I am a non-member psychiatrist and want to receive \$150 off my OPPA dues when I join the OPPA/APA by March 1, 2026.

Grand Total \$ _____

Method of Payment:

Check payable to OPPA (registration fees)

Check payable to OPPF (student sponsorship)

If you wish to pay by credit card please [register online](#)

