

## Activity Preview

# Physician Implicit Bias in Health Care: An Invisible Risk Factor for Poor Patient Outcomes

## Activity Type

Live Webinar

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## Overview

This talk will explore the literature on implicit bias generally and specifically within health care. The presentation will review studies that explore the impact of physician implicit bias on decision making and how it can result in decisions that harm certain patient groups. The presentation will end with a review of some research-proven strategies to mitigate implicit bias. Finally, participants will be asked to make a written pledge to use one of the discussed strategies in their patient interactions.

## Learning Objectives

- 1) Explain the difference between implicit and explicit bias.
- 2) List two examples of implicit bias impacting physician decision-making.
- 3) Implement two strategies to mitigate implicit bias.

## Faculty

**Quinn Capers, IV, MD, FACC**, is an interventional cardiologist, medical educator and vice dean for faculty affairs at The Ohio State University College of Medicine. His physician peers have named him one of America's "Best Doctors" annually from 2009 to 2019. He is a passionate advocate for diversity enhancement in medicine as a strategy to reduce health care disparities. Previously the dean of admissions in the College of Medicine from 2009 to 2019, he led OSU to become one of the most diverse medical schools in the country while keeping the average MCAT score of entering classes at or above the 90th percentile. He speaks widely on health care disparities, diversity enhancement in medicine, and implicit bias in health care, and has led workshops that have trained over 1,000 physicians and health care providers in strategies to reduce implicit bias.

## Disclosure

Dr. Capers reported that neither he nor his spouse/partner has any financial relationships with any commercial interests. Additionally, she will not discuss unapproved or investigational use of any product.

## Target Audience

This activity is designed for psychiatrists and residents/fellows. Other groups may find this educational activity of interest, including, medical students, other non-psychiatrist physicians including primary care, as well as

psychologists, nurses, social workers, counselors and other mental health care professionals.

## Estimated Time

60 minutes

## Continuing Medical Education Credit

This activity has been planned and implemented in accordance with the accreditation and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Ohio Psychiatric Physicians Association (OPPA). The APA is accredited by the ACCME to provide continuing education for physicians.

The American Psychiatric Association designates this activity for a maximum of 1 AMA PRA Category 1 Credit. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## How to Earn Credit

Participants who wish to earn *AMA PRA Category 1 Credit*™ or a certificate of participation may do so by completing all sections of the course including the evaluation. After evaluating the program, course participants will be provided with an opportunity to claim hours of participation and print an official CME certificate (physicians) or certificate of participation (non-physicians) showing the completion date and hours earned.

## Planner Disclosures

- Karen Jacobs, DO, Cleveland Clinic Foundation  
*Reports no financial relationships with commercial interests.*
- Victoria Kelly, MD, University of Toledo  
*Reports no financial relationships with commercial interests.*
- William Resch, DO, The Ohio State University Medical Center, Columbus  
*Reports no financial relationships with commercial interests.*
- Suzanne Sampang, MD, University of Cincinnati  
*Reports no financial relationships with commercial interests.*
- Janet Shaw, MBA, Ohio Psychiatric Physicians Association, Columbus  
*Reports no financial relationships with commercial interests.*
- Kristi Williams, MD, University of Toledo  
*Reports no financial relationships with commercial interests.*
- Elizabeth Yoder, MD, Private Practice, Columbus  
*Reports no financial relationships with commercial interests.*

## Hardware/Software Requirements

### System requirements

- A laptop computer, desktop computer, smartphone, or tablet
- An internet connection – broadband wired or wireless (3G or 4G/LTE)
- Speakers and a microphone – built-in or USB plug-in or wireless Bluetooth
- A webcam or HD webcam - built-in or USB plug-in

### **Joining a webinar (or accessing an on-demand webinar)**

- Sign-in to the [Zoom](#) Desktop Client or Mobile App
- Click or tap **Join** a Meeting. Enter the 9-digit **webinar** ID and click **Join** or tap **Join** Meeting. Enter Meeting Password
- If prompted, enter your name and email address, then click **Join Webinar** or tap **Join**.

Need Assistance? Contact [oppa@oppa.org](mailto:oppa@oppa.org) for questions about this course.

### **Pricing**

- General Member – Series\*: \$149; Single webinar/on-demand topic: \$29
- Resident-Fellow Member – Series \$99; Single webinar/on-demand topic: \$19
- Non-member Psychiatrist, Non-Psychiatric Physician and Psychologist – Series: \$199; Single webinar/on-demand topic: \$49
- Non-Member Resident/Fellow Series: \$149; Single webinar/on-demand topic: \$39
- Nurse, Counselor, Social Worker or Physician Assistant – Series: \$179; Single webinar/on-demand topic: \$39

\* Note: Series pricing is for all nine topics

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