Ohio Psychiatric Physicians Association

# Annual Psychiatric Update

**March 30-31, 2019**

**Marriott University, Columbus**

**New venue—New format!**



# *The Crossroads of Technology and Psychiatry: the future is now!*



**The field of psychiatry has seen tremendous advances in innovation and technology over the last decade and this trend shows no signs of slowing down. Science and technology have enabled greater understanding of the brain leading to significant improvements in the delivery of mental health care. The OPPA brings together thought leaders in mental health, data science, technology, neuroscience, and more for this day and a half meeting to build on the promise of increased advances in technology and innovation in Psychiatry.**

**Jointly provided by the American Psychiatric Association and the Ohio Psychiatric Physicians Association**

# General Information

## REGISTRATION

The preferred method of registration is online at www.ohiopsychiatry.org/annualpsychupdate. If you register by mail, please complete the registration form on page 11 and send with payment to: Ohio Psychiatric Physicians Association, 3510 Snouffer Rd., Ste. 101, Columbus, OH 43235-4217. Make check payable to Ohio Psychiatric Physicians Association. Your registration is not confirmed until payment is received. Register by Jan. 11 to receive the Early Bird rate.

## HOTEL ACCOMMODATIONS

A limited number of rooms have been set aside until **Mar. 7** at the rate of $159 single/double, plus applicable tax at the Marriott Columbus University Area, 3100 Olentangy River Rd., Columbus, OH 43202. To reserve a room please contact the hotel ASAP at (614) 447-9777 and ask for the OPPA's room block.

## AMERICANS WITH DISABILITIES ACT

If you need assistance related to sight, sound, or mobility, please contact the OPPA office as soon as possible so that we may accommodate reasonable requests.

## SYLLABUS

Every registered attendee will receive a printed syllabus at registration.

## MEALS

A breakfast and lunch buffet will be provided on Sat., Mar. 30 and a continental breakfast will be provided on Sun., Mar 31.

## CANCELLATION POLICY

If you are not able to attend, we encourage you to send someone in your place. Refund of the registration fee, minus a $50 administrative charge will be allowed if request for cancellation is received in writing by Mar. 15, 2019. After this date no refund will be made.

## SPONSOR A MEDICAL STUDENT

In an effort to give medical students more opportunities to experience psychiatry, including being mentored by a practicing psychiatrist, and receive cutting-edge psychiatric education, the Ohio Psychiatric Physicians Foundation (OPPF) encourages meeting attendees to "sponsor" a medical student by paying the registration fee for a medical student to attend the OPPA Annual Psychiatric Update, Mar. 30-31. This is just one of the ways the OPPF is working to encourage students to consider psychiatry as their specialty.

Your support can be accomplished in one of two ways:

1) If you have a specific student whom you wish to sponsor, simply complete the registration form, making sure to include the student's contact information; or
2) If you do not have a particular student in mind, we will pair you up with a medical student who has indicated an interest in attending if there is a sponsorship available – simply complete the registration form, leaving that information blank and you will be contacted by the OPPA office closer to the time of the actual meeting. If you are unable to attend the meeting, you may still sponsor a student by making a tax-deductible contribution to the OPPF for this purpose.

In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA.

## MEDICAL STUDENTS

Students may apply for a sponsorship by completing the Medical Student Sponsorship Request form. Students will be notified by Mar. 15, 2019 if there is a sponsorship available. Priority will be given to students who have not attended in the past. There will be time at a designated student breakfast to meet with other Ohio medical students and to learn from residents and others about psychiatry residency and career opportunities.

## CME CERTIFICATE

Instructions with an access code for obtaining your CME certificate online, directly from the APA, will be provided during the conference. You will complete an evaluation form online. Once you complete the evaluation and attest to the number of hours of credit you are claiming for this educational event, a certificate will be available for immediate download/printing.

# Poster Presentations

## CALL FOR POSTERS

The Ohio Psychiatric Physicians Association (OPPA) and Ohio Psychiatric Physicians Foundation (OPPF) invite all the OPPA members, resident/fellows and medical students to participate by submitting an abstract to the upcoming Annual Psychiatric Update to be held at the Marriott University in Columbus on March 30-31st 2019. If the abstract is accepted, you will be expected to showcase your work in the form of a poster.



## SUBMISSION GUIDELINES

- Members and residents/fellows must be an OPPA member. Medical students must be members of the American Psychiatric Association.
- Submission areas may include research reports, research-in-progress, case reports, and posters that have already been presented elsewhere within the past year.
- Presenting author(s) are required to personally attend their poster for the duration of the assigned judging times. Specific details will be provided prior to the event.
- Posters will be required to be on-site for the duration of the conference, and any posters remaining after the conclusion of the conference will be discarded.
- Tri-fold poster boards will be 48 inches wide and 36 inches high; pins/clips will be provided.
- All abstracts must be received by 11:59pm on Jan. 31, 2019 for consideration for inclusion in the 2019 posters.

## INFORMATION REQUIRED FOR SUBMISSION

- Title
- Name of author(s)
- Information of author(s) (contact information, level of training or years in practice, degrees, title, institution name, address, phone number, and email address).
- Abstract (500 words or less).
- The disclosure form (see below) is due at the time of abstract submission.
- All submission materials must be received as attachments (as a PDF or Word document) via a single email to OPPF@ohiopsychiatry.org.
- Incomplete submissions will not be considered.

## THE REVIEW PROCESS

- Submissions will be reviewed for acceptance by the OPPF Research Awards Committee.
- Selection criteria include educational value, audience appropriateness, topic diversity, connection to the theme of the OPPA Annual Meeting.
- Posters will be judged during the assigned times of the OPPA Annual Psychiatric Update.
- Judges will be appointed by the OPPF Executive Board to the Poster Awards Committee.
- Poster winners will be announced on Sunday morning of the conference.

## General Disclosure Policy

- Every presenter must complete a Disclosure of Financial Interests form through the OPPA's online submission site.
- Each presenter must make every effort to ensure meaningful disclosure of limitations on data (e.g. ongoing research, interim analysis, preliminary data, or unsupported opinion).

# Overview

## OVERALL LEARNING OBJECTIVES

At the conclusion of this educational event, participants should be able to:

Sat., March 30

- Assess three ways that changes in psychiatric training can impact trainee and early career psychiatrist's practice in the 21st century;
- Develop and evaluate strategies for promoting professionalism in the field as practice settings and work requirements cause decreasing job satisfaction and increasing rates of burnout;
- Recommend ways that psychiatry can incorporate diversity and inclusion, address health inequity and the social determinants and use of technology to deliver high quality services;
- Analyze the AMA's three strategic priorities -- reimagining medical education and lifelong learning, improving the health of the nation by confronting the chronic disease burden, and attacking the dysfunction in health care – and how they may impact the practice of psychiatry;
- Understand and apply the AMA Opioid Task Force recommendations for physicians;
- Describe the evolution of technique in ECT and its impact on patient outcomes;
- Define the theoretical advantages and disadvantages of ECT versus MST, FEAST, TMS, VNS and tDCS;
- Understand current diagnostic techniques for the early detection of neurodegenerative disorders;
- Be familiar with the new cognitive treatments being studied for neurodegenerative disorders;
- Review clinical management of behavioral symptoms in dementia patients;
- Understand the types of speech features that are possible to identify computationally and may be relevant to discriminate different mental states;
- Identify basic methods in machine learning that allow to infer labels, i.e. patient vs healthy volunteer, to previously unseen samples, e.g new speech recordings from known subjects, or recordings from new subjects. Participants will also be able to understand the clinical relevance of this subject/sample-based approach, in contrast to classical group-based statistics;
- Recognize the relevance, applicability and potential of recent studies using machine learning approaches to infer clinical diagnosis and scales from semi-structured speech samples;
- Describe at least three challenges faced by modern-day psychiatry that can be understood in a classic control systems framework;
- Compare "Big" (i.e. large-N) and "wide" (i.e. N-of-1 or single case) approaches to studying psychiatric disorders; and
- List at least two challenges or potential pitfalls of deep phenotyping approaches.

Sun., March 31

- Recognize how a psychotic illness can completely disrupt the lives of both patients and family members. Implement psychosocial and vocational rehabilitation for both patient and family;
- Change their pessimistic view and low expectations of a person diagnosed with schizophrenia;
- Determine to use clozapine more frequently in patients with treatment-refractory or treatment-resistant psychotic symptoms and not accept ongoing psychosis as inevitable;
- Recognize best practices in the pharmacotherapy of first episode psychosis;
- Identify non-pharmacological treatments of probably efficacy in the treatment of first episode psychosis; and
- List strategies that may improve first episode patient engagement in comprehensive treatment.

## WHO SHOULD ATTEND

This program is designed specifically for Psychiatrists, Residents, Medical Students and other Physicians, including Primary Care and Pediatricians, as well as Psychologists, Nurses, Social Workers, Counselors and other Mental Health Care Professionals.

## CONTINUING EDUCATION

**PHYSICIANS**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Ohio Psychiatric Physicians Association (OPPA). The APA is accredited by the ACCME to provide continuing medical education for physicians.

- The American Psychiatric Association designates this live activity, ***The Crossroads of Technology and Psychiatry: the future is now*** for a maximum of 9 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## EVALUATION

This educational activity will be evaluated utilizing an online evaluation form to evaluate the effectiveness of the CME activity in meeting the identified educational needs and stated learning objectives in terms of satisfaction, knowledge, skills and any perceived commercial bias. At the conclusion of this educational event, you will be provided with a link to the evaluation form. After completing the evaluation you will be provided with an opportunity to print a certificate for continuing education credit.

## PLANNING COMMITTEE DISCLOSURE

It is the policy of the APA to comply with the ACCME Standards for Commercial Support of CME. Planning committee members and related staff disclosures are on file and disclosed on program materials. Faculty participating in sponsored or jointly provided meetings of the APA are required to disclose to program participants any financial relationships with commercial interests that they (or their spouse/partner) have related to the content of their presentations. Faculty disclosures are identified as a faculty cover sheet with their respective syllabus/handout materials. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

The following individuals of the planning committee have indicated neither they, nor their spouse/partner, have any financial relationship with any commercial source: Karen Jacobs, DO, Todd Jamrose, DO, Victoria Kelly, MD, Meghana Medavaram, MD, Farah Munir, DO, William Resch, DO, Suzanne Sampang, MD, Janet Shaw, MBA, Kristi Williams, MD, Elizabeth Yoder, DO.

# SATURDAY, MARCH 30

| TIME | FUNCTION |
|---|---|
| 7:30 – 8:50 a.m. | Registration/Visit Exhibits |
| 7:30 – 5 p.m. | Poster presentations |
| 7:30 – 8:45 a.m. | Medical Student Meeting |
| 7:30 – 8:50 a.m. | **Buffet Breakfast –** OPPA Installation of Officers and OPPAC Business Meeting<br>Thank you for supporting breakfast:<br>Columbus Springs Hospitals<br>*There's hope. There's help.* |
| 8:50 – 9 a.m. | Welcome and Opening Remarks - William Resch, DO, President and Karen Jacobs, DO, 2019 Program Chair |
| 9 – 11 a.m. | ***Maintaining Professionalism in Psychiatry: Challenges, Opportunities and Innovations in the 21st Century***<br>**Altha Stewart, MD** \| President, American Psychiatric Association<br><br>Current trends in training and practice are affecting the newest members to join our profession. Many psychiatric residents and early-career psychiatrists report feeling less job satisfaction and more frustration and burnout related to their work. Most professional organizations are identifying strategies to address these issues in training and practice settings that require buy-in of leadership to fully implement. Dr. Stewart will review some of the approaches being used, explore additional areas for study and identify innovative approaches to promote both professional and personal health and well-being.<br><br>***Physician Leadership in Shaping the Future of Health Care***<br>**Patrice Harris, MD** \| President-Elect, American Medical Association<br><br>Dr. Patrice Harris, a psychiatrist from Atlanta, Ga., and the first Africa-American woman to become AMA president when she is sworn in next June, will share her personal leadership journey in medicine, including the obstacles she's overcome and lessons learned along the way. She also will share the AMA's strategic and advocacy priorities and how they relate to the practice of psychiatry, with a particular focus on achieving greater equity within the health care system, increasing physician diversity, and fighting the nation's opioid epidemic. |
| 11 – 11:30 a.m. | **Break and Visit Exhibits** |
| 11:30 a.m. – 12:30 p.m. | ***What's New in the Alphabet of Therapeutic Brain Stimulation, ECT, MST, FEAST, TMS, VNC and tDCS***<br>**W. Vaughn McCall, MD, MS** \| Chair, Case Distinguished University and Chair, Department of Psychiatry and Behavior, Executive Vice Dean, Medical College of Georgia at Augusta University<br><br>Treatment resistant depression (TRD) is common, since as many as half of all depressed patients will fail to respond to typical antidepressant medications. A variety of brain stimulation techniques are available or in development for TRD. This session will examine the utility and practicality of ECT, MST, FEAST, TMS, VNS and tDCS.<br><br>*This presentation is funded, in part, by the generosity of the OPPF's Henry Nasrallah, MD Fund* |
| 12:30 – 1:30 p.m. | **Buffet Lunch**<br>Thank you for supporting lunch:<br>PRMS<br>Professional Risk Management Services, Inc. |

# SATURDAY, MARCH 30 (continued)

| TIME | FUNCTION |
|---|---|
| 1:30 – 2:30 p.m. | ***What's New in Neurodegenerative Disorders: Innovation and Hope***<br>**Douglas Scharre, MD** \| Professor of Clinical Neurology and Psychiatry, Center for Cognitive and Memory Disorders, Center for Neuromodulation, The Ohio State University, Columbus, Ohio<br><br>This session will discuss innovative diagnostic techniques using cognitive, neuroimaging, and blood/spinal fluid biomarkers for the early detection of neurodegenerative disorders. The hope and reality of new cognitive and behavioral treatments are introduced and the management of selective behavioral symptoms reviewed. |
| 2:30 – 2:45 p.m. | **Break and Visit Exhibits** |
| 2:45 – 3:45 p.m. | ***The Promise of Speech Recognition and Computational Linguistics in Psychiatry***<br>**Guillermo Cecchi, PhD \|** Principle Research Staff Member Manager, Computational Psychiatry and Neuroscience, Computational Biology Center, IBM Thomas J. Watson Research Center, Yorktown Heights, New York<br><br>We will discuss recent results demonstrating that it is possible to extract significant amount of information from voice recordings of patients engaged in naturalistic or minimally structured speech tasks. The studies include differential diagnosis of psychosis, prediction of psychosis onset, detection of psychoactive drug intake and progression of neurodegenerative conditions such as Parkinson's and MCI/Alzheimer's. We will also discuss the promises and challenges for the clinical implementation of the approach. |
| 3:45 – 4 p.m. | **Break and Visit Exhibits** |
| 4 – 5 p.m. | ***Sensing Psychosis: Toward Computational Phenotypes in Severe Mental Illness***<br>**Justin Baker, MD, PhD \|** Scientific Director, Institute for Technology in Psychiatry, Director of Functional Neuroimaging and Bioinformatics, Schizophrenia and Bipolar Disorder Research Program, McClean Hospital<br><br>Until recently, the inconsistency of neurobiological measures taken together with the imprecise nature of clinical observation has severely limited our ability to apply a personalized medicine approach in psychiatry, or to optimize care for all individuals seeking treatment. As a result, psychiatric care has remained largely open-loop and non-quantitative in nature, since providers may resist adding coarse, quantitative methods to their nuanced, albeit subjective, assessments. The widespread adoption of pervasive computing provides the field with unprecedented opportunities to build and test deep, dynamic models of illness by quantifying behavior at the level of individuals over time. If harnessed effectively, these new tools will allow us to move past the false choice between precise and personalized psychiatry that has confounded the field and limited progress. Critically, unobtrusive, quantitative behavioral phenotyping strategies could transform our ability to infer causal relationships between illness fluctuations, contextual factors, and treatment interventions and thereby radically reshape the process of discovery and development of novel therapeutics, making it more closed-loop, personalized, and targeted toward specific neural circuits. Here I discuss recent efforts to bridge these complementary approaches through single-case experimental designs in individuals with severe mental illness including bipolar disorder and schizophrenia. |
| 5 – 9:30 p.m. | ***Ohio Psychiatric Physicians Foundation hosts:***<br>• *Dinner*<br>• *Awards presentation*<br>• *Silent auction; and*<br>• *Keynote speaker, Maurice Clarett*<br><br><br><br>**Thank you to the following supporters!**<br><br>University Hospitals Cleveland Medical Center<br>THE UNIVERSITY OF TOLEDO MEDICAL CENTER<br>Zepf Center HOPE BEGINS HERE |

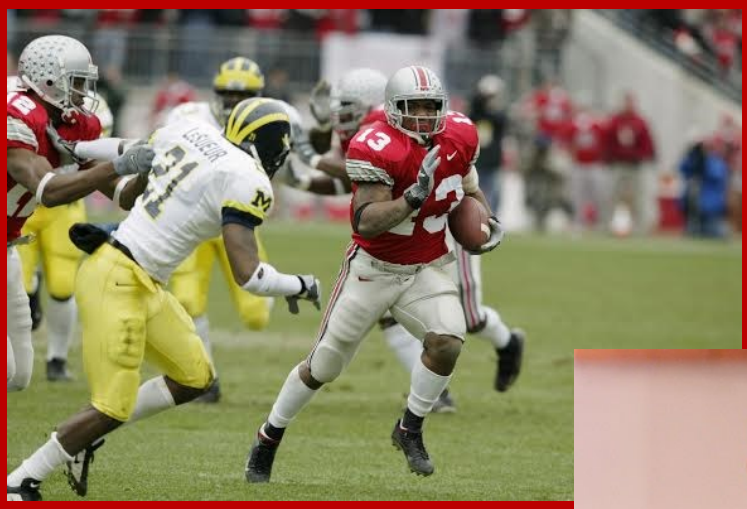
# *Ohio Psychiatric Physicians Foundation*

*announces an evening of dinner, awards and silent auction with keynote speaker*

Nationally recognized and highly sought after motivational speaker

**Sat., March 30, 2019 5 - 9:30 p.m.**
**Marriott University, Columbus**

# Maurice Clarett



**Former star running back, who led the Ohio State Buckeyes to a national football championship that many will never forget.**



Following a phenomenal freshman year at Ohio State and a brief stint in the NFL as a 3rd round draft pick, Clarett had a series of personal setbacks which included struggles with mental illness, substance abuse, crime and ultimately prison time. Clarett was able to turn his life around which put him on a path helping others. His success as an author and motivational speaker enables Clarett to share his journey to self-accountability and personal responsibility. Clarett now describes himself as "just a man with hopes and dreams."

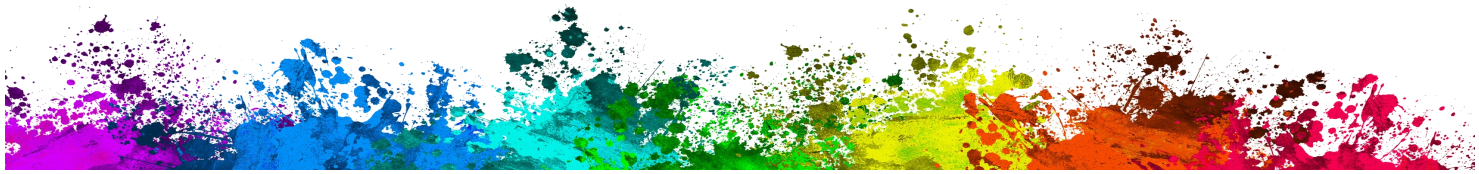
**Founder of the Maurice Clarett Brand**
Offering acute acumen and expertise in the worlds of athletics, education and business.

**Founder of the Red Zone**
Providing counseling and housing services for adults struggling with substance use disorders, behavioral health services for adolescents, and summer camps to keep youth out of trouble.

**Reserve your seat now**
**$60 per person or $450 for a table of 8**
**(before Jan. 11, 2019)**

# SUNDAY, MARCH 31

| TIME | FUNCTION |
|---|---|
| 8 – 8:55 a.m. | Registration/Visit Exhibits |
| 8 – 8:40 a.m. | **Continental Breakfast**<br>**Poster Presentation Winners Announced (8:40-8:55)** |
| 8:55 – 9 a.m. | Welcome - Karen Jacobs, DO, 2019 Program Chair |
| 9 – 10 a.m. | ***Complete Recovery from Psychosis and Homelessness***<br>**Bethany Yeiser** \| Motivational speaker and author of Mind Estranged: My Journey from Schizophrenia and Homelessness to Recovery<br><br>There are very few personal accounts of complete recovery and a full return to a high level of functioning by young persons who suffer a profound psychotic disorder with delusions and ongoing command hallucinations and homelessness for several years. It is important for physicians to see a living example of such a recovery so they can try to achieve similar results with similar patients. They can be both informed and inspired by such a triumph over a neuropsychiatric disorder that is generally regarded as permanently disabling. |
| 10 – 10:15 a.m. | **Break and Visit Exhibits** |
| 10:15 – 11:15 a.m. | ***First Episode Psychosis: New Findings Challenge Old Assumptions***<br>**Erik Messamore, MD, PhD** \| Associate Professor, Northeast Ohio Medical University<br><br>Much of what we think we know about schizophrenia is based on studies of chronically-ill individuals with illness of moderate severity. However, knowledge generated from this relatively small subset of patients may not generalize to other patient groups: for example, incarcerated or institutionalized individuals with schizophrenia, or adolescents or young adults with new-onset symptoms. The recent worldwide focus on early intervention in first-episode psychosis is generating new knowledge that challenges some long-held assumptions about the nature of schizophrenia, its treatment, and its prognosis. |
| 11:15 – 11:30 a.m. | **Break and Visit Exhibits** |
| 11:30 a.m.– 12:30 p.m. | ***mHealth for Mental Health***<br>**Dror Ben-Zeev**, **PhD** \| Professor, Psychiatry and Behavioral Sciences Director, mHealth for Mental Health Program, UW School of Medicine Co-Director, BRiTE Center, UW School of Medicine<br><br>Dr. Ben-Zeev will provide an overview of recent advancements in the field of mHealth and examine how mobile devices and telecommunication infrastructure can be harnessed to support illness detection, prevention, and care of people with severe psychopathology in outpatient and inpatient settings. He will present findings from several of his group's studies which involve the use of both cutting edge technologies (e.g., multi-modal smartphone sensing for relapse detection, multi-media intervention apps for illness management) as well as novel uses of existing but simpler technologies (e.g. texting between clinicians and patients) in an effort to improve patient outcomes. Dr. Ben-Zeev will describe the lessons his team learned from conducting multiple mHealth initiatives with complex patients in real-world settings. He will outline his vision for effective, realistic, and sustainable mHealth for mental health in the years ahead. |



# Speakers



**Justin T. Baker, PhD,** has a background in neuroscience and clinical psychiatry. He is currently the director of functional neuroimaging and bioinformatics for the Schizophrenia and Bipolar Disorder Research Program at McLean Hospital. His research uses both large-scale studies and "deep-phenotyping" approaches to understand the nature and underlying biology of mental illnesses, particularly lifelong conditions like schizophrenia and bipolar disorder. The goal of this work is to develop more effective strategies to both monitor the course of illness and intervene in creative ways to improve the lives of individuals suffering from these conditions. Dr. Baker welcomes opportunities to foster the careers of other budding clinician-scientists and is currently co-director of the Massachusetts General Hospital/McLean Hospital Research Concentration Program. He also works toward finding useful applications of psychiatry and clinical neuroscience to public policy and serves as the associate director of the MGH Center for Law, Brain & Behavior.



**Guillermo Cecchi, PhD** received an education in Physics (MSc, University of La Plata), Physics and Biology (PhD, The Rockefeller University), and Imaging in Psychiatry (Postdoctoral Fellow, Cornell University Medical School). He has been interested in diverse aspects of theoretical biology, including Brownian transport, molecular computation, spike reliability in neurons, song production and representation in songbirds, statistics of natural images and visual perception, statistics of natural language, and brain imaging. In 2001 he joined IBM Research to work on computational approaches to brain function. In recent years, Dr. Cecchi has pioneered the use of a computational linguistics approach to quantify psychiatric conditions from short speech samples, applying it successfully to conditions as diverse as schizophrenia, mania, prodromal psychosis, and drug and alcohol intake.

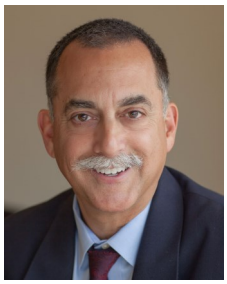


**Patrice A. Harris, MD, MA**, a psychiatrist from Atlanta, is president-elect of the American Medical Association (AMA). Active in organized medicine her entire career, Dr. Harris has held many leadership positions at both the national and state level. She has served on the AMA's Board of Trustees since 2011, including a term as chair from 2016 – 2017. She previously served as chair of the AMA's Council on Legislation, and on the boards of the American Psychiatric Association and the Georgia Psychiatric Physicians Association. As past director of Health Services for Fulton County, Georgia, which includes Atlanta, Dr. Harris oversaw all county health-related programs and functions, and spearheaded the county's efforts to integrate public health, behavioral health and primary care services. Governing themes in Dr. Harris' professional life are a passion to improve the lives of children and service to others, and she has worked for children both clinically and in the advocacy arena. A key priority for Dr. Harris is developing solutions to end the nation's opioid epidemic. Since 2014, she has chaired the AMA's Opioid Task Force, which brings together specialty and state medical societies and other health care associations to move swiftly to implement best practices to combat the opioid epidemic and save lives.



**Dror Ben-Zeev, PhD**, is a Professor of Psychiatry and Behavioral Sciences at the University of Washington and licensed Clinical Psychologist who specializes in development and evaluation of technology-based approaches in the study, assessment, and treatment of severe mental illnesses. He serves as the Co-Director of UW's Behavioral Research in Technology and Engineering (BRiTE) Center (https://www.brite.uw.edu/) and Director of the mHealth for Mental Health Program — a research collaborative focused on the development, evaluation, and deployment of mobile technologies (e.g. cellular phones, smartphones, sensors) in efforts to improve the outcomes of people with mental health conditions. Ben-Zeev has extensive experience conducting technology-based mental health research in a variety of settings (e.g., community, psychiatric inpatient units, outpatient clinics) and has led or co-led highly innovative mHealth initiatives including development of the first smartphone intervention for schizophrenia, evaluations of the use of mobile technologies among people with serious mental illness in the U.S. and West Bank, and implementation of an mHealth program for people with psychosis.

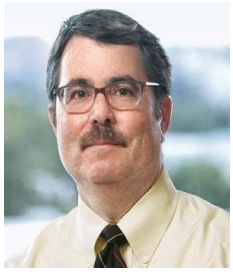
# Speakers (continued)



**W. Vaughn McCall, MD, MS** has been the Case Distinguished University Chair of the Department of Psychiatry and Health Behavior at the Medical College of Georgia at Augusta University since 2012. He also serves as Associate Dean for faculty Affairs. He completed his medical degree and post-graduate psychiatric training at Duke University. He completed a Masters degree in Epidemiology from Wake Forest University. He is board certified in general psychiatry, geriatric psychiatry, and sleep medicine. His research interests include depression, electroconvulsive therapy, quality of life, insomnia, and suicide. His research has been continuously supported by the National Institute of Mental Health since 1995, and he is author of more than 450 publications, including more than 190 peer-reviewed journal articles, with an H-index of 36. He is Editor of the Journal of ECT, Past Associate Editor for the Journal of Clinical Sleep Medicine, and on the Editorial Board of Sleep. He has been the Past President of the Association for Convulsive Therapy, and a prior Director of the Board of the American Academy of Sleep Medicine. He previously was the Chair of Psychiatry and Behavioral Medicine at Wake Forest University School of Medicine from 2001-2012.



**Erik Messamore, MD, PhD** holds a PhD in Pharmacology and completed a Postdoctoral Fellowship at the Karolinska Institute. He received his Medical Degree from the University of Illinois and completed residency training in psychiatry at the Oregon Health & Science University. His clinical work has focused on the care of complex patients, often with treatment resistant illnesses who remain symptomatic despite multiple prior treatment efforts. He is an associate professor of psychiatry at Northeast Ohio Medical University and serves as the Medical Director for the Best Practices in Schizophrenia Treatment (BeST) Center. He is working to promote best practices in the pharmacotherapy of schizophrenia.



**Douglas Scharre, MD** is the Director, Division of Cognitive Neurology, Director of The Ohio State University Center for Cognitive and Memory Disorders, Co-Director of the Neuroscience Research Institute, and Professor of Clinical Neurology and Psychiatry. He is a clinical neuroscience researcher and behavioral neurologist specializing in the diagnosis and management of cognitive issues for over 25 years. He has conducted or participated in over 160 clinical research studies in dementia and mild cognitive impairment, funded by NIH, foundations and industry. He has designed and developed both paper and digital versions of the Self-Administered Gerocognitive Examination (SAGE), a cognitive assessment instrument designed for identifying individuals in a practical way with mild cognitive impairment or early dementia from any cause and to be sensitive to changes over time. Dr. Scharre joined The Ohio State University Wexner Medical Center faculty in the Department of Neurology in 1993. Dr. Scharre is a professor of Clinical Neurology and Psychiatry.



**Altha Stewart, MD**, is the first African-American to serve as President (2018-2019) of the American Psychiatric Association which dates back to 1844. Dr. Stewart is an associate professor of Psychiatry and Director of the Center for Health in Justice Involved Youth at the University of Tennessee Health Science Center. Dr. Stewart has held several leadership roles at APA, including secretary of APA, past president of the American Psychiatric Association Foundation, chair of the APA Conflict of Interest Committee, chair of the Minority Fellowship Selection Committee, member of APA Ad Hoc Workgroups on Real Estate and Strategic Planning, member of the Council on Advocacy and Government Relations and member of the APA Joint Reference Committee. Dr. Stewart is active in several professional organizations having previously served as president of the Association of Women Psychiatrists and the Black Psychiatrists of America. Dr. Stewart has extensive experience serving as CEO and Executive Director for organizations for persons with mental illness and substance use disorders and she is the recipient of numerous awards and honors.



**Bethany Yeiser** is an author and a dynamic communicator of the experience of severe, untreated schizophrenia and chronic homelessness. Her memoir *Mind Estranged* (2014) follows her trajectory from the onset of mental illness, through acute psychosis, homelessness, two brief incarcerations, and full recovery. As a motivational speaker, Bethany inspires positive change in the way people diagnosed with schizophrenia are characterized and treated in the health care system and by society. She also raises awareness of the disproportionately high rate of incarceration of the mentally ill. In July, 2016, Bethany became founding president of the CURESZ Foundation (Comprehensive Understanding via Research and Education into SchiZophrenia).

# Registration

Register online:
www.ohiopsychiatry.org

(614) 763-0040

Ohio Psychiatric Physicians Association
3510 Snouffer Road, Suite 101
Columbus, OH 43235-4217

(614) 481-7559

## 1 Contact Information

*Please print*

Name _____

Degree ___ MD ___ DO ___ PhD ___ APN ___ LISW ___ LPCC

___ Other (please specify) _____

E-mail _____

Address _____

_____

City/State/Zip _____

Phone _____ Fax _____

## 2 Registration Information

### MEMBERS

| Registration Type | Early Bird Rate By Jan. 11 | Regular Rate | Late Rate After Mar. 11 |
|---|---|---|---|
| **Annual Psychiatric Update (Mar. 30-31, 2019)** | | | |
| OPPA Member | ❒ $225 | ❒ $250 | ❒ $275 |
| OPPA Resident-Fellow Member | ❒ $150 | ❒ $175 | ❒ $200 |
| | | | |
| **Saturday Dinner and Silent Auction** | | | |
| Individual seat | ❒ $60 | ❒ $75 | |
| Table for 8 | ❒ $450 | ❒ $500 | |

**Registration Total $ _____**

### NON-MEMBERS

| Registration Type | Early Bird Rate By Jan. 11 | Regular Rate | Late Rate After Mar. 11 |
|---|---|---|---|
| **Annual Psychiatric Update (Mar. 30-31, 2019)** | | | |
| Non-Member Psychiatrist, other Physician, or Psychologist | ❒ $325 | ❒ $350 | ❒ $375 |
| Non-Member Resident-Fellow | ❒ $225 | ❒ $250 | ❒ $275 |
| Nurse, Counselor, Social Worker or Physician Assistant | ❒ $250 | ❒ $275 | ❒ $300 |
| | | | |
| **Saturday Dinner and Silent Auction** | | | |
| Individual seat | ❒ $75 | | |
| Table for 8 | ❒ $500 | | |

**Registration Total $ _____**

## 3 Payment Information

**Registration Total $ _____**
***(from the left)***

**Additional Options**

❒ I would like to sponsor AND mentor a Medical Student to attend the OPPA Annual Psychiatric Update, March 30-31, 2019 — $125

❒ I am unable to serve as a mentor during the meeting but would like to sponsor a Medical Student to attend the OPPA Annual Psychiatric Update, March 30-31, 2019 — $125

❒ I am unable to sponsor a student at this time but would like to serve as a mentor at the OPPA Annual Psychiatric Update, March 30-31, 2019

**To make this a tax deductible contribution see details below*

Student Name _____

E-mail _____

*If you do not have the name of a specific medical student, we will be happy to match you with a student who has expressed interest in attending if a sponsorship is available.*

**Grand Total $ _____**

Method of Payment:

❒ Check payable to OPPA (registration fees)
❒ Check payable to OPPF (student sponsorship)

If you wish to pay by credit card please register online

** Limited seats are available for the Dinner on Saturday. As a member benefit priority will be given to OPPA Members. For more details on the Saturday night event see page 6 or visit www.ohiopsychiatry.org.

* In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA. If you are paying by credit card, you will see two transactions on your statement.