# **Our Most Vulnerable Populations:** what we've learned and where we're going

- Psychiatric Military Issues Rational Use and Development of Ketamine
  - Suicide in Teens Is there a Correlation with the Opiate Epidemic?
    - Suicide Risk Assessment and Malpractice Prevention



Hilton Columbus at Easton www.columbusoh.hilton.com

Jointly provided by the American Psychiatric Association and the Ohio Psychiatric Physicians Association

# **General Information**

## REGISTRATION

The preferred method of registration is online at <u>www.ohiopsychiatry.org/annualpsychupdate</u>. If you register by mail, please complete the registration form on page 7 and send with payment to: Ohio Psychiatric Physicians Association, 3510 Snouffer Rd., Ste. 101, Columbus, OH 43235-4217. Make check payable to Ohio Psychiatric Physicians Association is not confirmed until payment is received. Register by Jan. 20 to receive the Early Bird rate.

# HOTEL ACCOMMODATIONS

A LIMITED number of rooms have been set aside at the Hilton Easton until Jan. 31, 2018 at the rate of \$179 single/double plus applicable tax. To reserve a room please contact the hotel ASAP at (614) 414-5000 and ask for the OPPA's room block or to reserve online go to <u>www.columbusoh.hilton.com</u>.

## AMERICANS WITH DISABILITIES ACT

If you need assistance related to sight, sound, or mobility, please contact the OPPA office as soon as possible so that we may accommodate reasonable requests.

## SYLLABUS

Every registered attendee will receive a printed syllabus at registration.

## MEALS

A breakfast and lunch buffet will be provided on Sun., Mar. 4. If you also plan to attend one of the pre-conference workshops on Sat. Mar. 3, please note that a refreshment break only will be served in the afternoon and lunch will not be provided beforehand. There are many restaurants in the area which can be found at <u>www.eastontowncenter.com</u>.

# **CANCELLATION POLICY**

If you are not able to attend, we encourage you to send someone in your place. Refund of the registration fee, minus a \$50 administrative charge will be allowed if request for cancellation is received in writing by Feb. 17, 2018. After this date no refund will be made.

# SPONSOR A MEDICAL STUDENT

In an effort to give medical students more opportunities to experience psychiatry, including being mentored by a practicing psychiatrist, and receive cutting-edge psychiatric education, the Ohio Psychiatric Physicians Foundation (OPPF) encourages meeting attendees to "sponsor" a medical student by paying the registration fee for a medical student to attend the OPPA Annual Psychiatric Update on Sun., Mar. 4. This is just one of the ways the OPPF is working to encourage students to consider psychiatry as their specialty.

Your support can be accomplished in one of two ways:

- 1) If you have a specific student whom you wish to sponsor, simply complete the registration form, making sure to include the student's contact information; or
- 2) If you do not have a particular student in mind, we will pair you up with a medical student who has indicated an interest in attending if there is a sponsorship available simply complete the registration form, leaving that information blank and you will be contacted by the OPPA office closer to the time of the actual meeting. If you are unable to attend the meeting, you may still sponsor a student by making a tax-deductible contribution to the OPPF for this purpose.

In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA. If you are paying by credit card, you will see two transactions on your statement.

# **MEDICAL STUDENTS**

Students may apply for a sponsorship by completing the <u>Medical Student Sponsorship Request form</u>. Students will be notified by Feb. 17, 2018 if there is a sponsorship available. There will also be time at a designated student breakfast to meet with other Ohio medical students and to learn from residents and others about psychiatry residency and career opportunities.

# **CME CERTIFICATE**

Instructions with an access code for obtaining your CME certificate online, directly from the APA, will be provided during the conference. You will complete an evaluation form online. Once you complete the evaluation and attest to the number of hours of credit you are claiming for this educational event, a certificate will be available for immediate download/printing.

# Overview

# **OVERALL LEARNING OBJECTIVES**

At the conclusion of this educational event, participants should be able to:

#### Sat., March 3—Integrated Care Workshop

 Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care; and apply a primary care–oriented approach to psychiatric consultation for common behavioral health presentations.

#### Sat., March 3—Telepsychiatry Workshop

 Understand how to select an appropriate model of telepsychiatry care and methods for adapting telepsychiatry into various heath care environments as well as solutions and best methods of successful integration of telepsychiatry into psychiatric practice.

Sun., March 4—Annual Psychiatric Update

 Understand the causes, manifestations and effects of PTSD and moral injury from personal experience of a Colonel's journey that led him to consider suicide;

- Describe the role of the amygdala and peripheral inflammation in promoting psychosomatic disease;
- Be familiar with memory reconsolidation and post-reactivation propranolol as a novel treatment for PTSD;
- Recognize features associated with PTSD that confer risk for suicide;
- Critically evaluate the current clinical trials and case series examining the use of Ketamine;
- Be familiar with novel putative rapidly acting antidepressant drugs in development;
- Comprehend the scope of the opiate epidemic, particularly as it relates to teenage suicide - and consider if there is a correlation;
- Outline two potential strategies to help opiate use disorder parents and their families;
- Improve assessment skills for suicide risk;
- Identify risk factors for suicides in the in-patient and out-patient settings; and
- List liability prevention strategies in charting notes of suicidal patients.

## WHO SHOULD ATTEND

This program is designed specifically for Psychiatrists, Residents, Medical Students and other Physicians, including Primary Care and Pediatricians, as well as Psychologists, Nurses, Social Workers, Counselors and other Mental Healthcare Professionals.

# **CONTINUING EDUCATION**

#### PHYSICIANS

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Ohio Psychiatric Physicians Association (OPPA). The APA is accredited by the ACCME to provide continuing medical education for physicians.

- ◆ The American Psychiatric Association designates this live activity, *Applying the Integrated Care Approach* for a maximum of 4 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- The American Psychiatric Association designates this live activity, How to Expand Your Practice with Telepsychiatry for a maximum of 4 AMA PRA Category 1 Credits<sup>TM</sup>, Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- ◆ The American Psychiatric Association designates this live activity, *Our Most Vulnerable Populations: what we've learned and where we're going* for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **EVALUATION**

This educational activity will be evaluated utilizing an online evaluation form to evaluate the effectiveness of the CME activity in meeting the identified educational needs and stated learning objectives in terms of satisfaction, knowledge, skills and any perceived commercial bias. At the conclusion of this educational event, you will be provided with a link to the evaluation form. After completing the evaluation you will be provided with an opportunity to print a certificate for continuing education credit.

## PLANNING COMMITTEE DISCLOSURE

It is the policy of the APA to comply with the ACCME Standards for Commercial Support of CME. Planning committee members and related staff disclosures are on file and disclosed on program materials. Faculty participating in sponsored or jointly provided meetings of the APA are required to disclose to program participants any financial relationships with commercial interests that they (or their spouse/partner) have related to the content of their presentations. Faculty disclosures are identified as a faculty cover sheet with their respective syllabus/handout materials. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

The following individuals of the planning committee have indicated neither they, nor their spouse/partner, have any financial relationship with any commercial source: Tamara Campbell, MD, Karen Jacobs, DO, Victoria Kelly, MD, Selena Magalotti, MD, Meghana Medavaram, MD, Farah Munir, DO, William Resch, DO, Janet Shaw, MBA, Kristi Williams, MD. The following individual(s) of the planning committee have disclosed one or more financial relationship(s) with a commercial interest:

Name	Grant/Research Support	Employee	Speaker's Bureau	Other Financial Interests
Suzanne Sampang, MD		Cincinnati Children's Hospital		

# Sat., March 3 - Optional Pre-Conference Workshops

1 p.m. to 5 p.m., Hilton Columbus at Easton

## Workshop A

# **Applying the Integrated Care Approach:**

Practical Skills for the Consulting Psychiatrist and Evidence-based Mental Health Delivery in Primary Care Settings

## Why you should attend

This workshop provides participants with the practical skills needed to work in collaborative care. The course describes the delivery of mental health care in primary care settings with a focus on the evidence–base, guiding principles and an introduction to implementation strategies.

### Workshop objectives

- Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care.
- Discuss principles of integrated behavioral health care.
- Describe the roles in an integrated care team.
- Apply a primary care-oriented approach to psychiatric consultation for common behavioral health presentations.

### Click Here for Detailed Flyer

### 1 p.m. to 5 p.m., Hilton Columbus at Easton

## **Workshop B**

## How to Expand Your Practice with Telepsychiatry

### Why you should attend

This workshop will focus on helping those considering telepsychiatry to get started. There will be discussion of pros and cons of different platforms, legal considerations, patient selection, prescribing and malpractice issues, etc. The presentation will cover practical issues of starting and using telepsychiatry.

## Workshop objectives

- Understand how to select an appropriate model of telepsychiatry care and develop an integration plan to match the telepsychiatry model into a specific practice setting.
- Understand methods for adapting telepsychiatry into various health care environments and solutions and best methods
  of successful integration of telepsychiatry into psychiatric practice.
- Comprehend how national standards and guidelines for telepsychiatry, clinical workflows, e-treatment team coordination, and APPS can be best adopted for the creation of telepsychiatric practice.

Click Here for Detailed Flyer

# Sun. March 4 - Agenda

7 – 7:45 a.m.	Registration/Visit Exhibits
7:45 – 8:55 a.m.	Buffet Breakfast – OPPA Installation of Officers, OPPAC Business Meeting and OPPF Business Meeting
8:55 – 9 a.m.	Welcome and Opening Remarks - Tamara Campbell, MD, 2018 Program Chair
9 - 10 a.m. Five Wars: A Soldier's Journey to Peace Colonel Fred Johnson Retired U.S Army Veteran, Five Wars	
	A former Army officer's personal experience with Post Traumatic Stress Disorder and moral injury that nearly led to his suicide. How the conditions were caused and then manifested in him, and the treatments that facilitated his recovery. Explores the human dimension of war and war's effect, not only on the service member, but also the family.
10 – 10:15 a.m.	Break and Visit Exhibits
10:15 – 11:15 a.m.	<i>Psychiatric Military Issues</i> Roger K. Pitman, MD

#### Roger K. Pitman, MD

Professor of Psychiatry, Harvard Medical School

Dr. Pitman will briefly address the relationship between PTSD and suicide. He will then describe two new studies published during 2017. The first, performed with cardiologist colleague Ahmed Tawakol, MD is entitled, "Relation between resting amygdalar activity and cardiovascular events: a longitudinal and cohort study." The second, performed with colleague Alain Brunet, MD is entitled, "Pre-reactivation propranolol therapy reduces posttraumatic stress disorder: a randomized controlled trial."

#### 11:15 – 11:30 a.m. Break and Visit Exhibits

# 11:30 – 12:30 p.m. Rational Use and the Development of Ketamine in the Treatment of Psychiatric Disorders

#### Gerard Sanacora, PhD, MD

Professor of Psychiatry; Director, Yale Depression Research Program Co-Director, Yale New Haven Hospital Interventional Psychiatry Service This presentation is funded, in part, by the generosity of the Ohio Psychiatric Physicians Foundation through the Henry Nasrallah, MD Fund

Dr. Sanacora will cover the timely but sometimes controversial topics related to the development and clinical use of ketamine and other putative rapid onset antidepressant medications. The results of several studies examining the efficacy and safety of ketamine and other drugs currently under development for the treatment of depression and mood disorders will be critically reviewed. The discussions will focus on the clinical implications of these novel treatment developments and the potential future impact on the field.

12:30 – 1:45 p.m. Buffet Lunch – OPPF Research Award and Enlightenment Award Recognition and Presentation

# 1:45 – 2:45 p.m. *Mapping Out the Causes of Suicide in Teenagers and Children – Is There Correlation with the Nation's Opiate Epidemic*

#### Daniel Nelson, MD

Medical Director, Child Psychiatry Unit, Cincinnati Children's Hospital

This presentation will focus on the current impact of the opiate addiction crisis in the state of Ohio and will elaborate on the impact it has on families. We will look closely at the medically assisted treatment interventions and how family enhanced recover can be a key turning point in recovery. We will also review current systems of care being utilized by various states to support both a community and statewide interventions.

#### 2:45 – 3 p.m. Break and Visit Exhibits

### 3-4:30 p.m. Suicide Risk Assessment and Malpractice Prevention

#### Phil Resnick, MD

Director, Forensic Psychiatry, UH Cleveland Medical Center Professional, Psychiatry, CWRU School of Medicine

The most upsetting event in a clinician's professional life is likely to be having a patient complete suicide. This presentation will review the latest research on risk factors for suicide in in-patients and out-patients. The faculty will suggest a format for documenting risk factors for suicide, protective factors, reasons to admit a potentially suicidal patient to the hospital, and to not admit a suicidal patient. The session will also cover the implications of suicidal patients perceiving their treating clinicians as adversaries.

# Speakers



**Colonel Fred Johnson**, is the author of the book *Five Wars: A Soldier's Journey to Peace*. Colonel Johnson retired from United States Army in 2014 after 29 years of service with four deployments to include Bosnia, twice to Iraq and once to Afghanistan. He is a graduate of the Army Ranger, Airborne, and Air Assault Schools and he is the recipient of the Bronze Star for Valor and three Bronze Stars for Service. He is the co-founder of *Shakespeare with Veterans*, a program dedicated to helping veterans deal with the challenges transitioning from military service and help them overcome combat trauma and PTSD. He has a B.A. in Government and Sociology from Wofford College and two Masters Degrees. He currently lives in Louisville, Kentucky with his wife Dr. Laura Johnson and daughter Madelyn.



**Roger K. Pitman, MD** is Director of the PTSD research laboratory at Massachusetts General Hospital and Professor of Psychiatry at Harvard Medical School. He is a graduate of Amherst College and the University of Vermont College of Medicine. He completed his psychiatric training at Tufts New England Medical Center and the Boston VA Hospital. He then served on active duty as a Lieutenant Commander in the U.S. Navy Medical Corps during the Vietnam War. He went on to complete thirty years' service in the Department of Veterans Affairs before moving to Massachusetts General. He has received 20 Federal Government grants as Principal Investigator to study PTSD and has more than 250 peer-reviewed publications in the medical literature. He is a recipient of the International Society for Traumatic Stress Studies' Outstanding Scientific Achievement and Lifetime Achievement Awards.



**Gerard Sanacora, MD** completed an NIH sponsored Medical Scientist Training Program at the State University New York at Stony Brook, earning his Ph.D. in Physiology and Biophysics in 1992 and his M.D. degree in 1994. He then moved to Yale University where he completed his internship at Yale-New Haven Hospital, the Clinical Neuroscientist Training Program Residency in the Department of Psychiatry, and an NIH funded Neuroimaging Scientist Training Program Fellowship. He is currently an Associate Professor and the Director of the Yale Depression Research Program. Dr. Sanacora's work is concentrated largely on elucidating the pathophysiological mechanisms associated with mood and other neuropsychiatric disorders. Much of his recent research has focused on identifying the contributions of the amino acid neurotransmitter systems (GABA and Glutamate) to the neurobiology of mood disorders and the mechanism of antidepressant action. Specifically, his basic science laboratory employs rodent models to explore the effects of chronic stress on cellular and molecular biology, and examines the molecular, cellular and behavioral effects of novel treatment strategies targeting these affected systems. His clinical laboratory employs novel magnetic resonance spectroscopy methodologies and pharmacological challenge paradigms to identify abnormalities in the function of the amino acid neurotransmitter systems in individuals suffering from mood and anxiety disorders. In addition, he is involved in several early phase clinical trials designed to test the clinical efficacy of newly developed therapeutic agents.



**Daniel Nelson, MD** is a Child Psychiatrist and clinical professor at Cincinnati Children's Hospital Medical Center (CHMC) where he has directed the inpatient child psychiatric unit for the past 20 years. He's also the Medical Director for the Post Traumatic Healing Center at Children's and has been a founding member of the National Center for School Crisis and Bereavement. He was the administrative supervisor for the initial response at the Oklahoma City bombing at the Family Notification Center. During the 911 crisis he provided consultation to the psychiatric programs at Cornell University in to the Columbia school of journalism. For the next two years he continued to provide consultation to New York City fire department. Dr. Nelson was teaching faculty for psychiatric response in the European masters of disaster program in Novara, Italy. Dr. Nelson has been providing medically assisted treatment after founding the opiate recovery alliance in 2013.



**Phillip Resnick, MD** is a Professor of Psychiatry and Director, Division of Forensic Psychiatry at Case School of Medicine in Cleveland, Ohio. He served as a consultant in many high profile cases, including those of Jeffrey Dahmer, Susan Smith, Timothy McVeigh, Andrea Yates, Scott Peterson, Casey Anthony, Theodore Kaczynski, the Unabomber, and James Holmes, the Aurora, Colorado Batman movie shooter. Dr. Resnick is a past president of the American Academy of Psychiatry and the Law. He has published over 200 articles and book chapters, is internationally recognized and has lectured in 49 states and 24 countries.

# Registration

**Register online:** www.ohiopsychiatry.org

(614) 763-0040

Ohio Psychiatric Physicians Association  $\sim$ 3510 Snouffer Road, Suite 101 Columbus, OH 43235-4217

(614) 481-7559

## **Contact Information**

Please print			
Name	Address		
Degree MD DO PhD APN LISW LPCC			
Other (please specify)	City/State/Zip		
E-mail	Phone	Fax	

Dlaaca print

**Registration Information** 

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#### **MEMBERS**

Registration Type	Early Bird Rate By Jan. 20	Regular Rate	Late Rate After Feb. 21
Saturday – Workshop A Integrated Care	□ FREE**		
Saturday – Workshop B Telepsychiatry	□ FREE**		
Sunday – Annual Psychiatric Update			
OPPA Member	<b>1</b> \$149	<b>1</b> \$169	<b>1</b> \$189
OPPA Resident-Fellow Member	<b>5</b> \$69	<b>1</b> \$79	<b>🗖</b> \$99

Registration Total \$

#### **NON-MEMBERS**

Registration Type	Early Bird Rate By Jan. 20	Regular Rate	Late Rate After Feb. 21
Saturday – Workshop A Integrated Care	<b>□</b> \$39	<b>□</b> \$39	<b>D</b> \$49
Saturday – Workshop B Telepsychiatry	<b>□</b> \$39	<b>□</b> \$39	<b>D</b> \$49
Sunday, March 4			
Non-Member Psychiatrist, other Physician, or Psychologist	<b>1</b> \$249	<b>1</b> \$269	<b>1</b> \$289
Non-Member Resident-Fellow	<b>1</b> \$139	<b>1</b> \$159	<b>□</b> \$179
Nurse, Counselor, Social Worker or Physician Assistant	<b>1</b> \$159	<b>1</b> \$179	<b>D</b> \$199

Registration Total \$



#### **Payment Information**

Registration Total \$\_\_\_\_\_ (from the left)

#### Additional Options

□ I would like to mentor and sponsor a Medical Student to \$100 attend the OPPA Annual Psychiatric Update on Sunday, March 4

I am unable to sponsor a student at this time but would like to serve as a mentor at the OPPA Annual Psychiatric Update on Sunday, Mar. 4

\*To make this a tax deductible contribution see details below

Student Name

E-mail

If you do not have the name of a specific medical student, we will be happy to match you with a student who has expressed interest in attending if a sponsorship is available.

Grand Total \$

Method of Payment:

□ Check payable to OPPA (registration fees) Check payable to OPPF (student sponsorship)

Credit Card #

Exp. Date \_\_\_\_\_ 3 or 4-digit security code \_\_\_

Billing Address (if different from registration address)

Authorized Signature

\*\* Limited seats are available for the Pre-conference workshops on Saturday. As a member benefit priority will be given to OPPA Members. For more details on the workshops see page 4 or visit www.ohiopsychiatry.org/other\_workshop.

\* In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA. If you are paying by credit card, you will see two transactions on your statement.



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OHIO

## **Applying the Integrated Care Approach:**

Practical Skills for the Consulting Psychiatrist and Evidence-based Mental Health Delivery in Primary Care Settings

### Faculty

**Lori Raney, MD**, Chair, APA's Workgroup on Integrated Care, Medical Director, Axis Health System

Mark Duncan, MD Assistant Professor, University of Washington

AMERICAN

**PSYCHIATRIC** 

ASSOCIATION

## **Target Audience**

Target audiences for this workshop include: family medicine, internal medicine, and specialty healthcare professionals, psychiatrists, medical staff, payers, community organizations, and government/agencies/departments. ALL are welcome to join this rich innovative discussion!

## Why you should attend

This workshop provides participants with the practical skills needed to work in collaborative care. The course describes the delivery of mental health care in primary care settings with a focus on the evidence–base, guiding principles and an introduction to implementation strategies.

## **Learning Objectives**

At the end of this workshop, participants should be able to:

- Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care;
- Discuss principles of integrated behavioral health care;
- Describe the roles in an integrated care team; and
- Apply a primary care-oriented approach to psychiatric consultation for common behavioral health presentations.

\* This workshop is FREE, however, non-OPPA members will be charged a nominal fee of \$39 to help offset the cost of meeting space and food /beverage. If you attended this workshop in 2017, you may or may not wish to attend again this year as the content will primarily be the same.

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians. The APA designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Sat., Mar. 3, 2018 1 – 5:00 pm

**Transforming Clinical** 

**Practices Initiative** 

Hilton Columbus at Easton

## Traditional Model of Care



## **Collaborative Care Model**



This workshop made possible with a generous contribution by American Professional Agency, Inc.

# How to Expand Your Practice with Telepsychiatry

## Sat., Mar. 3, 2018 1 – 5:00 pm

Hilton Columbus at Easton

## Faculty

### Robert Caudill, MD,

Associate Professor, Residency Training Director, Director, Telemedicine and Information Technology Programs, Department of Psychiatry and Behavioral Sciences, University of Louisville School of Medicine, Chair Telemental Health SIG, American Telemedicine Association, Director of Telemedicine, Centerstone of Kentucky

### Why you should attend

The session will focus on helping those considering telepsychiatry to get started. There will be discussion of pros and cons of different platforms, legal considerations, patient selection, prescribing and mal-practice issues, etc. The presentation will cover practical issues of starting and using telepsychiatry. Themes will include the History OF and Evidence FOR Telepsychiatry, Administrative and Regulatory Issues in Telepsychiatry, Adapting Clinical Process for Telepsychiatry, and Integration of Other Technologies to Telepsychiatric Practice.

### Learning Objectives

At the end of this workshop, participants should be able to:

- Understand how to select an appropriate model of telepsychiatry care and develop an integration plan for to match telepsychiatry model into a specific practice setting.
- Understand methods for adapting telepsychiatry into various health care environments and solutions and best methods of successful integration of telepsychiatry into psychiatric practice.
- Comprehend how national standards and guidelines for telepsychiatry, clinical workflows, e-treatment team coordination, and APPS can be best adopted for the creation of telepsychiatric practice.

\*Limited seats are available. As a member benefit priority will be given to OPPA Members.

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians.

The APA designates this live activity for a maximum of 4 *AMA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\* This workshop is FREE to OPPA members; all others will be charged a nominal fee of \$39 To register, go to <u>www.ohiopsychiatry.org/telepsychiatry/workshop</u>