

### ***Physician depression and suicide***

Wellbeing and distress exist along a continuum of mental health. A model for understanding burnout and suicide risk includes a dynamic interaction between individual underlying risk and protective factors interacting with every day psychosocial events. While the human condition is on the one hand inherently and enormously resilient, there are specific and known risk factors that can impede that natural resilience. The individual and environmental factors that impact physician wellbeing and suicide risk will be discussed, along with evidence-based, promising strategies for addressing this important problem.