

CAROL A. BERNSTEIN, M.D. is Associate Professor of Psychiatry, Vice Chair for Education in Psychiatry and Director of Residency Training in Psychiatry at the NYU School of Medicine. From 2001-2011, Dr. Bernstein also served as the Associate Dean for Graduate Medical Education and the Designated Institutional Official for ACGME accredited training programs at NYU. Dr. Bernstein is a Past-President of the American Psychiatric Association and has served the Association as Vice-President, Treasurer and Trustee-at-Large and as the chair of multiple committees. She has served as a spokesperson for the American Psychiatric Association on many occasions and received the 1997 exemplary psychiatrist award from the National Alliance for the Mentally Ill (NAMI). She has been the recipient of the APA/NIMH Vestermark Award in Psychiatric Education and the APA Alexandra Symonds Award for contributions in the advancement of women in leadership and in women's health. Dr. Bernstein has devoted her entire career in medicine to the education and training of the next generation of psychiatrists.

Dr. Bernstein completed medical school at the Columbia University College of Physicians and Surgeons. Following an internship in internal medicine at St. Luke's/Roosevelt Medical Center in New York, she completed her psychiatric residency training at Columbia University and the New York State Psychiatric Institute. Dr. Bernstein is active in many national psychiatric associations in addition to the APA - these include the American College of Psychiatrists (she was elected to the Board of Regents in February of 2012), the Group for the Advancement of Psychiatry and the American Board of Psychiatry and Neurology, among others. In 2003, Dr. Bernstein was selected as a Fellow in ELAM (Executive Leadership in Academic Medicine) a national program, designed to promote leadership for women in medicine. In 2005, Dr. Bernstein completed the Physician Leadership Development Program at NYU as well as the Graduate Medical Education Leadership Program of the ACGME. From 2010-2016, Dr. Bernstein served on the Board of Directors of the ACGME - the body that accredits

the more than 8000 residency and fellowship training programs in the United States and for which she currently co-chairs the ACGME Task Force on Physician Well Being. Dr. Bernstein has written numerous articles and chapters on psychiatric education and has served as a peer reviewer for both the *American Journal of Psychiatry* and *Academic Psychiatry*. She has served on the editorial boards of *Academic Psychiatry*, *the Journal of Psychiatric Services* and *Focus*, has presented at more than 70 conferences and meetings and has been the recipient of a number of visiting professorships. Dr. Bernstein hosts a weekly call-in show for consumers on Sirius Radio's Doctor Radio Channel which is sponsored by the NYU Langone Medical Center.